

*The Spiritual Power of Art:  
Universal Energy*

*Exhibit Catalog*

Art Exhibit—Art Adventures

May 22 — September 1, 2015

Life Force Arts Center  
1609 W Belmont, Chicago  
LifeForceArts.org 773-327-7224

*The Spiritual Power of Art:  
Universal Energy*

Opening Reception

May 22, 2015, 6:30—10 PM

Closing Reception

September 1, 2015, 7—9 PM

Free admission to exhibit &  
Opening and Closing receptions

Gallery Hours

Tuesdays & Thursdays, 1:30 - 6:30 PM  
& by appointment

Artists Featured in *Universal Energy*

Steven Blaine Adams	Shauna Aura Knight
Loretta Angelica	Colleen Koziara
Fred Casselman	Janice Lincoln
Cortez Curtis	Lorraine Moretti
Miguel Del Real	Susan Mullen
Judy Demchuk	Sharyl Noday
Linda DeViller	Britt Posmer
Carrie Fletcher	Kao Ra Zen
Angel Fritz	Diana Rudaitis
Dorothy Graden	Anatoliy Snigirev
Amy Hassan	Sujata Tibrewala
John Henderson	Mark Van Dyk
Pat Heydlauff	Sarah Rose Warman

## About *Universal Energy*

Experience art that explores spirit as the flow of energy as Life Force Arts Center presents the art exhibit and multiarts show *The Spiritual Power of Art: Universal Energy*, running May 22 - September 1, 2015 at Life Force Arts Center, 1609 W. Belmont, Chicago IL 60657. Opening Reception is Friday, May 22, 2015 from 6:30 - 10 PM. Closing Reception is Tuesday, September 1, 2015 from 7 - 9 PM. Open Gallery Hours are Tuesdays and Thursdays 1:30 - 6:30 PM, and by appointment. Admission is free to the exhibit and Opening and Closing Receptions.

*The Spiritual Power of Art* exhibit series explores three different meanings of "spirit": Human Spirit, Universal Energy and Mystical & Religious Experience. The *Universal Energy* exhibit focuses on spirit as the flow of energy including concepts such as auras, chakras, meridians; and how color, line, tone, vibration, symbols and other aspects of art affect energy.

The artwork in this exhibit features a wide variety of media including painting, photography, sculpture, mixed media and installation. Life Force Arts Center Executive Director Joan Forest Mage says, "It's fascinating to see the interpretations artists have about the theme. At LFAC, our art exhibits create sacred space in which events become healing rituals: performances, concerts, poetry readings, workshops, lectures are all infused with transformative power to heal and enlighten those present."

*The Spiritual Power of Art: Universal Energy* is the second exhibit in the four year *Life Force Arts Manifesto* series. Each year (2015, 2016, 2017, 2018) Life Force Arts Center will focus the theme of its shows on one section of its core statement, the Life Force Arts Manifesto.

The mission of **Life Force Arts Center (LFAC)** is to create transformation and community through the spiritual power of the visual, literary and performing arts. We focus on the arts as a common ground of human expression, where artists of diverse spiritual traditions present artistically excellent exhibits, events and publications to awaken human potential, create spiritual transformation and connect audiences to the mystical dimension.

## Steven Blaine Adams

### *Man, the Perfect Star* (2015)

2 x 14

Suncatcher with carnelian and brass

\$75

In this suncatcher, we have DaVinci's image of man as a perfect star. Five is a symbol for human beings. We have five senses, five fingers, and our arms, legs, and head make a perfect star. The pentagram is a micro-cosmos. This piece evokes man as a symbol of the universe.

### *Moroccan Eye of Protection Suncatcher* (2015)

15 x 3

Mother of Pearl, Cobalt Glass, & Wire

\$75

The eye is a symbol of protection in Moroccan culture. This particular suncatcher is designed to protect one from negative energies.

### *Love Energy Suncatcher* (2015)

9 x 2

Cobalt Glass Heart with Crystal and Wire

\$60

This suncatcher is designed to bring love and healing energy into your life. The cobalt glass is traditional in healing.

**Steven Blaine Adams** is an artist and designer who works with natural materials like stones and crystals to create artwork and jewelry with symbolic and

spiritual resonance. He is LFAC's Associate Director and also LFAC's store designer. The son of an astrologer and Tarot reader, Steve has been doing readings professionally for over 30 years, combining the wisdom of Tarot with the healing properties of stones. Steve attributes meditation, art, ritual and spiritual connection as instrumental catalysts in his path towards healing.

### Loretta Angelica

*The Treasures Within* (2012)

16 x 20 framed

Digital Painting printed on Kodak Metallic Endura archival photographic paper

\$275

This artwork depicts the chakras, the energy centers of the body. We have many chakras. The ones toward our feet connect us to the earth and the ones toward our head connect us to the cosmos. Most people know about the seven chakras: root, sacral, solar, plexus, heart, throat, brow and crown. These are the main chakras in the physical body, but there are actually hundreds of chakras both in the physical body and energy body.

When we become aware of the energy centers inside us, instead of looking outside ourselves for our power we can find the Treasure Within.

We think we have to look outside ourselves, go to seminars, teachers, etc. to find our path. A lot of this

external searching can help us articulate our questions. But ultimately, the answers we seek are always inside of us.

The colors in the artwork are the traditional colors of the chakras. In the painting, I incorporated the Sanskrit symbols that represent the chakras. Even though Sanskrit is an ancient language, I believe we resonate with it because it connects to our ancestral memory.

**Loretta Angelica:** “Creative expression, for me, is as natural and necessary as breathing. From within an eclectic and nurturing home, I’ve been making 2 and 3 dimensional visual art since I was three years old. I love exploring and experimenting with diverse techniques. It’s like learning other languages or playing different musical instruments. Each medium brings out new ways to commune with my soul and articulate what is in my heart. My tendency to layer various textures and finishes is how I suggest the multi-dimensional aspects of life.

I would classify my work as Visionary or Sacred Art. The ideas percolate through my subconscious understanding of physics, music, mandalas, crystal formations, esotericism, archaeology, spirituality, geometry...My creations are detailed and intricate, a blending of ancient & futuristic, real & ethereal, earthly & celestial elements. Guided by my intuition, I bring the formless into form.

These most recent works embody my Journey of Reconciliation and Healing, after an unfortunate hit-and-run accident in 2005. Through all my efforts to return to health, I found the greatest teacher, the Art inside me, ever-present. Guiding and whispering to me, "This is the way...ACCEPT where you are now... Even if you can't do what you used to do, YOU CAN STILL CREATE...Work with what you have."

I stopped comparing the abilities I have now, with those of my past. I stopped judging whether computer-generated art is really art. My Soul generates the art. The computer is a new medium I've added to my tool-box.

So, I've learned to draw and paint with the computer. Mixed-media pieces can now include pencil drawings, water colors and photography, combined with Gimp, Photoshop and Tess Mathematical software.

## Fred Casselman

earthecho.com

*Light, Water and Color 3* (2013)

23 x 23

Inkjet on Rag Paper on Aluminum

\$350

This image represents Spirit manifesting as Light, Water, and Color. The pictures were taken on a sunny day in early Spring, 2013, before the leaves came out. It is a close up of water rushing down the brook

behind our log cabin in New Hampshire. The color and the shapes are provided by the rocks in the bottom of the brook

*The Ancient Plan* (2010)

23.5 x 23.5

Ink Jet on Rag Paper on Aluminum

\$350

O Ancient Plan,  
Reveal my destiny,  
Guide my path,  
Shape my being.  
Birth Yourself in the Temple of my body.  
Reveal Yourself in the Life of my spirit.  
Animate Yourself by the Love in my soul.  
Reflect Yourself by the Light in my life.

A prayer/poem from the  
heart of Jean Lauer  
"When I saw *The Ancient Plan*, there was the goddess  
in the orb with golden light  
flowing in, and flowing out was the mystical winged  
one....." Jan Grace Fin

"I see this hanging in front of a window where I can  
look out through  
it, especially during lightening storms." Joygrace

**Fred Casselman** begins most of his images with a photograph, currently using a Leica D-LUX 5. He prints

his art on an Epson 7900 on Museo Silver Rag paper which is an all-cotton, archival art paper. Fred uses his art to renew the sense of peace and harmony with our Earth, cosmos, with one another, and with ourselves. He has exhibited all over the United States. His visions and dreams for the spiritual evolution of his church manifested as his book *Fresh Air: New Visions for the Catholic Church*.

## Cortez Curtis

[www.cortezcurtis.com](http://www.cortezcurtis.com)

### *Subluxation* (2014)

37.5 x 37.5 framed

Oil on Canvas

\$2000

A painful pinched nerve in my neck inspired me to paint *Subluxation*. What is a pinched nerve? Well, nerves extend from the brain into the arms and legs to send messages to the muscles or body. A nerve that leaves the spine to go into the arms or legs is called a peripheral nerve. You can think of each individual fiber as a microscopic garden hose with electrical energy charge travel to or from the brain. The inside of the hose transports fluid from the nerve cell body that helps nourish and replenish body part, or membranes.

If the nerve is pinched, the flow up and down the inside of the hose is reduced or blocked, meaning

energy and nutrients stop flowing. Eventually, the membrane starts to lose its healthy ability to transmit tiny electrical charges and the nerve fiber may eventually die. When enough fibers stop working, a muscle may not contract and skin may feel numb. Regardless of where the nerve is pinched, in the neck or carpal tunnel, the patient often will feel similar symptoms of numbness in the hand, because the brain does not know how to tell the difference between the beginning, middle, or end of a nerve. It only knows that it is not receiving signals from the hand, and so pain and numbness begins. I had to get my neck and back adjustments by a chiropractic doctor that would turn my power on. You can see his hands in the painting a long with the spine.

This flow of power, of Universal Energy, connects everything that exists. Every cell of our bodies moves with this energy at every moment. How we feel profoundly influences how we perceive our reality. All around you, and throughout the entire universe, circulates the life energy. It exists not only as an energy field around every living thing, but also circulates through the earth, through the atmosphere around us and throughout nature.

**Cortez Curtis** was born on the south side of Chicago. He devoted 27 years of his life to project engineering for a local electric utility company, where he designed substations for ten years as a draftsman,

and seventeen years as a engineer. If you look closely at his work, you can see his facility as a draftsman in his lines and in the way he engineers the design in his painting techniques. Since retirement as an engineer, Cortez has emerged as a full time artist, owner, digital designer, and the publisher of Artez Artworks. Cortez graduated from Benedictine University and excelled at painting and digital art work at Illinois, College of Du Page. He is a member artist of the Illinois Artisans.

In addition to his many successful solo art exhibitions at local galleries, his work has been exhibited at the Health4Life Wellness Center, Life Force Arts Center, The HotHouse, Robert Morris State Street Gallery, and Neleh Art gallery. Cortez's art work has been shown at two of the Museum of Science and Industries "Black Creativity" juried art showings. He has received numerous awards and honorable mentions, and articles about him have been featured in the Art Business News, The Red Eye, NowPublic.com, The Chicago Reader.

"Looking forward, I believe it is my destiny to become a great artist. I have the temperament of a revolutionary, and I am blazing with a spirit, embodied in an idea that there are things still to be conquered. My ambition is to paint the world's rebirth, its hopes and dreams. When I paint, I demonstrate my enthusiastic conception of life through my palette and original painting style, in part conceived of and influenced by the great renaissance masters and my

childhood vision of a world beyond, the supernatural.”

## Miguel Del Real

[www.delrealink.com](http://www.delrealink.com)

*Dual* (2013)

48 x 37.5

Acrylic & Mixed Media on Drywall Panel

\$850

Dual symbolizes interconnectedness, depicting a level of mindfulness and the transformative power that comes from heightened awareness. Along the subtle Dual balance, it combines anthropomorphic images and movements of positive energy.

**Miguel A. Del Real** illustrates black line work contrasted with colorful accents and original designs influenced by graffiti art and Indigenous patterns, as well as calligraphy. With a Bachelor of Fine Arts in printmaking from Northeastern Illinois University, Miguel is an Artist and an Art Educator around Chicago, as well as a resident of Little Village and Pilsen. His work has been at the National Museum of Mexican Art in a group exhibition, and he was awarded a mural in the Rogers Park – CTA Underpass Project and the Mega Mall Murals in Logan Square curated by Galerie F.

## Judy Demchuk

*Channels* (2015)

18 x 24

Mixed Media

\$399

We are channels for Universal Energy. I chose to emphasize expressions that are universal in nature; for example music, visual art, dance and mathematics. I also included Einstein's famous equation that shows that energy is interchangeable with matter, as well as his equation for gravity to reflect Earth's energy. We are energy. The Japanese calligraphy translates to White Light that is a healing vibration and has 2520 electrons. The White Light refracts into the color of the rainbow when run through a prism.

I used a variety of media in this piece to represent how energy manifests in different planes of reality. The gossamer quality of the top layer of silk with textile paint represents how humans perceive Universal Energy in the subtle plane, not perceptible to the normal senses. This layer has an abstract pattern depicting energy channels. The bottom layer uses collage to convey how a variety of artists materialize Universal Energy into the physical world.

**Judy Demchuk** is an award winning Chicago area artist. Her creativity was cultivated by her parents who were gifted in the arts. She excelled in her professional life in both corporate and graphic design

careers, but chose to pursue her inner drive to create art in the traditional arenas. In 2001 she changed directions towards fulfilling her hearts desire; drawing inspiration from her rich professional, educational and life experiences. While she incorporates the influence of her Japanese American heritage into her art, her flare for diversity drives the assortment of mediums and materials she uses in her creations. A graduate of various schools and art institutions, she explores unusual methods in which she can express her concepts freely. Judy holds a B.F.A. in Graphic Design and a B.S. in Computer Science with a second major in Psychology.

Appreciating the collaboration of the stories' text with the visual narrative in children's books led her to create the illustrations for *Nana in the Nursing Home*.

Judy's illustrations have been published nationally and her paintings exhibited in galleries throughout the Midwest. She continues to create art in various mediums, including silk paintings, customized animal carriers, numerous silk scarves series, murals and suitcase compositions for children in the Court Appointed Special Advocates program in DuPage County Circuit Court.

## Linda DeViller

[www.lindadeviller.com](http://www.lindadeviller.com)

### *Qi Flow and Pulse* (2015)

19 x 23 framed

Acrylic on Canvas

\$500

Universal energy flows within and throughout, winding itself around its flow. Energy pulses out from objects, interacting with and absorbing other energies. We connect to this flow through energy centers within our bodies, and continue the flow through our aura as the energy pulses outward to the surrounding energy field. It's through this pulse that we connect to the universe as the universe connects us to each other.

**Linda DeViller:** I work to discover new ways to merge personal expression and investigation of media within each piece. My work is primarily intuitive, evolving from whatever presents itself on the painting's surface, from the first stroke until the last. I respond to color, space, and flow – prodding and stretching each element to create a multi-layered narrative that envelopes and floats within the same space.

Traditionally a painter of canvas, my current body of work tends to be mixed media on paper, full of glazing, texture, and movement. It's exciting for me to explore the surface with various marks and finishes, experimenting with tools and techniques that push my practice to new areas.

As a recent MAAE graduate from the School of the Art Institute, I am committed to connect with projects that work to bridge art and community through participatory engagements. Recent projects have led me to work with senior participants with students from Loyola University, connecting these two populations through dialogue and creative projects, and as an artistic curator with FIGMENT Chicago, where I am able to link the natural resources of location and the local artistic network to bring creativity to the community. My passion for personal expression through creativity was the foundation of my establishing an informal “Open Studio” program for women. Since 2013, this program has offered a space to explore personal process outside of the home, a place to engage in dialogue, and an opportunity to create through community.

## Carrie Fletcher

*Untitled 1* (2015)

8 x 8

Acrylic on Salvaged Wood

\$150

*Untitled 2* (2015)

8 x 8

Acrylic on Salvaged Wood

\$150

***Skateboard 1*** (2014)

8.5 x 32.5

Acrylic on Salvaged Wood

Not for Sale

***Skateboard 2*** (2015)

8 x 31

Acrylic on Salvaged Wood

Not for Sale

***Skateboard 3*** (2015)

8 x 29

Acrylic on Salvaged Wood

Not for Sale

I believe that we all have spirit guides that are connected to the universe and help guide us on our life paths. Every day they are around us, we just don't hear them all the time or see their signs that they place before us, I embrace these signs fully and have trust in the universe in times of need. This is all represented in my paintings.

If you have ever been on a skateboard, you know that feeling of adrenaline surge throughout your every being. We have all felt this surge at one point in our lives, and also the fall from that surge.

I felt that same surge of adrenaline when I fell in love. The connection of another being, the two becoming one and embracing one another standing side by side walking the same path. Which is

represented in the first skateboard.

Sadly some relationships come to an end, I can feel my heart pump out coldness which is represented in the second skateboard with the separation.

Throughout every experience we have, our guides are with us, which is why the flower of life is within each of the skateboards. Though they are with us always, it sometimes isn't until the end that I start to see that they were there the whole time and now it's time to trust in the spirit guides again and turn to the universe, with getting back onto my life path.

The figures are without arms because I was inspired by the song "I Gave You All" by Mumford & Sons that has the line "Shoulder to shoulder, now brother, we carry no arms". Even though in the song "arms" literally means "guns", in the artwork I am expressing that our energy bodies have no arms, and when we embrace, we embrace with energy. The figures have no feet to show that we gather energy from the Earth to ground ourselves. The Earth absorbs the sun's energy, and we absorb energy from the Earth.

**Carrie Fletcher:** I live on the northside of Chicago and graduated from Robert Morris University with a BFA in Media Arts. Once out of college I realized that painting and photography was more than just a hobby I forgot about from childhood. I work with acrylics and mostly paint on found objects left behind by someone else. Nature, architecture, and music all play a big role in my inspiration.

**Angel Fritz**  
angel4joy.com

***Love's Prism*** (2015)  
24 x 18  
Acrylic on Canvas  
\$482

This painting is a representation of the seven roles that GOD/Source/Divinity (Love) expresses uniquely through all people. The star or Mer-ka-ba (lightbody) represents ascension/evolution and each color of the rainbow is a frequency of those roles. Understanding your role is an essential part of spiritual growth and self-awareness. It is the key to freedom, abundance and joy.

***Reiki Light*** (2014)  
24 x 30  
Acrylic on Canvas  
\$750

This painting is a representation of Ki or Chi life force energy as it flows around the chakras (energy centers) and the etheric body. This intelligent and loving energy helps to bring balance, calm relaxation and healing to people, animals and plants. This painting is for all of the beautiful Reiki practitioners and teachers who are helping people re-discover this universal healing gift.

**Angel Fritz** brings a unique style to her art with vibrant and captivating images made with delicate brush strokes depicting energy and light. Each of her love infused paintings are an invitation to transcend the mind and activate a deep remembering of who we truly are and connect with the source of love within.

Born in Chicago, Illinois, Angel moved to Pennsylvania as a young girl where she first explored many artistic mediums. Her abilities were first recognized through the scholastic arts program where she was awarded for her work with an invitation to display her art at the State Museum of Pennsylvania. Today, she lives a quiet life on Hatteras Island, North Carolina with her husband Tom, a talented writer, along with her daughter and golden retriever.

Angel's primary path of evolution has been through focusing her attention on developing herself with consciousness work, lightbody activation, emotional clearing and integrating a high level of simplicity into her life. This life clearing mission resulted in a profound inner spiritual transformation that has permanently changed her view of the world and filled her with incredible joy and serenity. Through her path Angel also re-kindled her passion of being an artist and she began creating from a new perspective bringing fresh insight and dimension to her artwork. Angel hopes to explore many more mediums and techniques to become fully aligned to her role.

## Dorothy Graden

[www.dorothygraden.com/home.html](http://www.dorothygraden.com/home.html)

*Continuum* (2015)

23 x 19 framed

Giclee Print

\$130

This painting represents the continuous flow of energy of our planet. The lines are fluid and move through the physical and vibrational planes. There are symbols in the painting that tell of the distant past, a time when humans were connected to the earth. The earth continues to transmit messages on many different levels, we need to listen.

**Dorothy Graden** is an award winning contemporary artist whose art is inspired by Ancient Visions. For over 25 years, Dorothy has traveled through the American West to photograph and draw prehistoric rock art. These rock art images were incised, pecked, abraded and painted on cave and canyon walls and boulders. Rock Art has been found on every continent except Antarctica. Some sites are 30,000 years old. Many of these sites hold spiritual powers, and many are shamanic.

Dorothy has presented her field work on rock art at the Russian Academy of Science in Moscow and at University College Cork, Ireland. Her photographs have been published in the Theosophical Society's journal, *Quest*. She presents, lectures and exhibits her drawings and ceramic sculptures throughout the

Midwest. She draws with great admiration, respect and humility for the ancients who inspire her work.

## Amy Hassan

amyjamilahhassanartcreations.com

### *Solar Surge* (2013)

11.5” diameter

Acrylic paint & non-toxic lacquer on wood

\$200

During the process of creating this mandala, I felt a great energy. After completion it reminded me of the sun in the center, with its energies radiating outward. The sun has always played an important role in shaping our lives. Without it we could not live. From solar ovens to solar panels, solar energy has been harnessed by humans since the beginning of human history. As far back as the 5th century, humans were constructing homes and buildings to maximize the energy of the sun.

**Amy Hassan:** I am a self taught artist, who has always loved drawing and painting since I was a young girl. Growing up, I enjoyed drawing pictures from nature, such as landscapes and animals. Many of my art pieces have various textures. This may be influenced by my work as a Special Education teacher. In years past, I have created learning activities, tactile books and recreated stories to fit the needs of my young students with special needs. During the past 2 years, however, my passion for painting has evolved into creating Mandala art. I find the process of creating a

mandala, to be a very centering, peaceful and meditative process. I will often incorporate my love of nature and also geometric patterns into my creations. Each art piece is unique and connects to the emotions that I may be feeling. The choice of colors, patterns or symbols is determined by my intention or purpose.

I use a variety of media including acrylic paint, pencil, marker, non-toxic color and clear lacquer, colored stones, recycled jewelry and beads, wood, paper, or canvas. Creations vary in size from 36 inches down to 1 inch. I also use the same technique while creating my hand painted earrings, pendants, magnets and bracelets.

### **John Henderson**

<http://www.northsuburbancarvers.org/page/399535696>

*Infinity* (2015)

12 x 7

Mahogany

\$500

The mysterious flow of constant energy -infinity-.

*Image of Energy* (2014)

12 x 6

Mahogany

\$300

Energy flow is significant in the motion of this piece.

*The Serpent* (2014)

13 x 8

Mahogany

\$300

The serpent is the energy that is the force of life.

*Winged Seed* (2015)

16 x 4

Black Walnut

\$250

Universal Energy is life and all life begins with a seed.

John Henderson is a retired firefighter. He comes from Pascagoula, Mississippi where he learned whittling by watching his grandfather and father. According to family legend, he is part Cherokee, descended from members of the tribe who escaped to the Smoky Mountains when the rest of the tribe was sent on forced march to Oklahoma on the Trail of Tears.

John Henderson says: I say that I study ancient art. What I mean is that I look at a lot of pictures in books, watch Discovery and History channels and browse on line. When I find an image I like, I design my images in the style I have chosen, not to copy anything, but to create a piece of art that is recognizable in origin of style. Some pieces, especially Egyptian, can not vary too much from the original, in order for it to be recognizable as the intended subject. North West Native American styles

allow much more artistic interpretations. I enjoy creating pieces in this style. I do not claim them to be Native American Art; instead, they demonstrate my appreciation of this art. I have also done work in ancient Celtic, Greek, and African styles as well as some Central and South American styles. Abstract shapes and designs pop into my mind often. I grab a pencil and pad and start doodling. At times, images come to me faster than I can sketch, and from one will come another. I see these images in three dimensions, and sometimes have to sketch two or three sketches to put on paper what my mind sees. It's somewhat like a being a writer: you have to put it on paper as soon as possible, so you don't forget the details.

**Pat Heydlauff**

spiritualartwork.net

*Soul Full* (2003)

20 x 16

Acrylic on Canvas

\$260

Painting for me is the physical expression of my spiritual being. It is the positive “flow” that starts in my heart, travels to my hands...and continues onto a two dimensional canvas projecting three dimensional energy. As a colorist, I paint lively, vibrant artwork consisting of landscapes, florals and still-lives. Through painting, my life is balanced, and filled with harmony instead of stress. Painting allows me to discover my spiritual nature and peace within, and leads me to paint in a stream of

consciousness flowing with energy. This flow of consciousness energy is visible in my recent “art with a message” canvas work where you can always find hope, peace and joy in the subject matter and every brush stroke.

I believe that in our world today with cement cities, sound pollution and isolated environments, it is difficult to find a place of peace and harmony. The colors and design of my art allow the viewer to escape into a peaceful place and find a glimpse of harmony within.

**Pat Heydlauff** left a stressful position in the corporate world to search for balance and a deeper meaning in life. She found it – in front of an easel.

Much of Heydlauff’s art is spiritual; it’s art with a message. Heydlauff is a Feng Shui and “flow of focus” expert, and her work has a sense of movement to it, drawing a visual road map to a life of less clutter, less stress, and more harmony. Most viewers see something new each time they view her work. Many people have purchased her art for the express purpose of bringing balance and harmony to their homes.

Pat Heydlauff’s spiritual art is meant to take the viewer on a visual journey that ends up as a personal journey, as well, holding up a world of possibilities that the viewer may have never considered before. It is calming and colorful, and often reminiscent of a gentler time and place. With lush color and tranquil movement, it’s designed to evoke a sense of joy in the viewer.

Pat's artwork has been exhibited in Saatchi Gallery of London's online gallery, and was chosen for publication in the "Best of Florida Artists and Artisans" book, 2006. She has exhibited at a variety of galleries and shows, among them the Juanita K. Hammons Performing Arts Center, Springfield, MO; the Jupiter Town Hall Gallery of Art, Juno Beach, FL and the Eissey Theater Gallery at PBCC, Palm Beach Gardens.

In addition to her visual artwork, Pat is the author of two books, *Feng Shui So Easy a Child Can Do It* and *Selling Your Home with a Competitive Edge*. She's a noted leadership and productivity speaker at civic, philanthropic and corporate events. And she consults with businesses, organizations and individuals on how to create engaging workplace environments to unleash the flow of focus and personal environments to increase prosperity.

### Shauna Aura Knight

[www.shaunaauraknight.com](http://www.shaunaauraknight.com)

*Transformation on the World Tree* (2014)

22 x 18 framed

Acrylic & Mixed Media

\$250

The butterfly is a symbol I use to reflect the transformation that we each go through. It represents the energy of metamorphosis. We often transform when we journey upon the hero's journey, particularly when we journey through the three worlds of the world tree. What does the energy of transformation

look like? In this piece I work to capture the essence of the energy of transformation, of golden wings sprouting forth to reflect moving into our own becoming.

**Shauna Aura Knight** is an artist, designer, author, and ecstatic spiritual seeker who is passionate about creating artwork, rituals, experiences and spaces to ignite transformation, inspire creativity, and awaken mythic imagination. Her artwork explores themes and imagery of myth, mysticism, deities, ritual, sacred sites, personal transformation, and heroes, and includes watercolor, acrylic, mixed media and digital art.

Shauna's art and design work have been used for illustrations and covers for several books and magazines. With leadership experience in Earth-centered and grass-roots organizations, Shauna has organized conferences, intensives, shrines and art installations that help people connect with the divine, our deepest selves, and sustainable community. She travels the country showing her artwork and facilitating rituals, installations, and performance pieces, as well as teaching workshops on personal transformation, exploring myths and stories, and teaching others how to facilitate transformative events. She is the author of several nonfiction books on facilitation and personal transformation, as well as several urban fantasy and paranormal romance novels.

Shauna studied fine art and theatrical design at the University of Minnesota before beginning a career as

a web and graphic designer. She has studied creative writing, interactive media, mythology, and the design of events, experiences, and products at Columbia College Chicago, University of Chicago Graham School, DePaul University, and at many conferences and other professional training. She graduated from a 3-year program at Diana's Grove studying transformational leadership, multi-sensorial teaching, and facilitating ritual.

## Colleen Koziara

[www.mysticalwillow.com](http://www.mysticalwillow.com)

*Hands Heart Harmony* (2014)

20 x 16

Acrylic on Canvas

NFS

On Loan from Circle Sanctuary

This painting was the cover art for Pagan Spirit Gathering 2014.

**Colleen Koziara** grew up in northern Wisconsin on a farm, on an island. In this place without movie theatre or even good TV reception, she grew to love the stories in myths, legends and songs. The area was peaceful, gentle and beautiful. Woods, fields, wildflowers, and views of the lake from rosy sunrise to golden sunset filled her life. What most amazed her were the intricacies of nature, like the sight of a setting sunbeam, shining through the branches of a

tree, illuminating a delicate spider web and transforming that web to a magical world formed of liquid silver. She lived her most formative years immersed in these images and she came to see a personality in nature. It is these years she spent seeing this “secret” face and magic of nature and the stories that it told that filled her with a childlike sense of wonder and inspired her to create both then and now.

She creates images which portray the spirit and humanity of nature and thereby the nature of humanity and spirit. With her work she intends to capture a moment of magic either from the natural world or from an ancient legend or tale, and speak of the “secret” beauty and magic within simple everyday moments and objects. Colleen strives to make each of her works a doorway through which the viewer may journey. Where this journey takes them is up to them.

## Janice Lincoln

holdingthespirit.com

*Cachora, Peru Mountain Energies #3* (2014)

48 x 36.5

Acrylic on Canvas

\$1200

The mountains of Peru have been an inspiration for me for the last fifteen years, ever since my first trip to Peru in 1998. It was a trip filled with beauty and mystery. When I returned home I spent many hours researching and making an in depth study of the ancient civilizations

of Peru, and at the same time began working with Theo Paredes, a Peruvian shaman.

This apprenticeship with Don Theo gave me more insight into those ancient cultures their sacred sites and to the immense importance of the mountains as sacred presence. It was after my second trip to Peru in 2004 that I really began to paint my landscape mountain paintings, and have continued with it until now. In 2012 I was invited to have an exhibition of those paintings in Cusco Peru. While in Cusco area I painted, sketched and photographed the mountains in and around Cusco, and after I returned home I spent the next year painting the mountains using only sumi ink on handmade paper. The choice of using only ink came from my ten year interest and study of Chinese painting and art history.

Recently I have been working on interpreting those sumi ink paintings into colorful canvases . In these paintings I have focused on capturing the dynamic energies, spiritual essences and mystery of the mountainous landscapes of Peru. My effort to paint the spiritual energies of the Peruvian mountains has been most rewarding and it these paintings that I present to you for your consideration for your up coming exhibition.

**Janice Lincoln** is an accomplished artist, educator, and independent researcher of ancient and tribal cultures. She has shown her work both nationally and internationally, in such places as New York City, Korea, Vicenza, Italy, Budapest, Paris, Detroit and Chicago.

Janice received both her BFA and MA from Michigan

State University. In addition she has lived and studied in Northern Italy for three years. She has continued to study and travel in order to delve deeper into other cultures. Of particular interest to her has been an almost twenty year study and travel to ancient sacred sites around the world, in such places as Mexico, Peru, Guatemala, Cornwall England, the Island of Malta, Cambodia, Burma, Prehistoric sites in Brittany France, and Ireland. Visiting and studying these sites have both inspired and informed her artwork of mix media. Her interests in these ancient sites awakened her to the mystery and beauty of the symbols that are carved and painted at these sites and how in some ways they are embedded in our culture.

Her hope is to uncover some part of their meaning and to express it visually, helping to create a new visual mythology for our fast changing culture.

## Lorraine Moretti

*Aura Self Portrait* (2015)

16 x 20

Kirlian Photograph, Pastels & Glitter

NFS

Kirlian photography is a process that some believe captures the aura or biofield of persons or objects within the photograph. The process is named after Seymour Kirlian, an amateur inventor and electrician of Krasnodar, Russia who pioneered the first efforts on the process in the early 1940's. On April 13<sup>th</sup>, 2013 I had my photograph taken this way. The color

therapist told me that she rarely sees such a variety of colors surrounding a person. I thought it was pretty and intriguing. While embellishing the photograph I meditated upon the rainbow color symbolism of my aura on this particular day and time and came to understand Albert Einstein's idea that "Matter is energy. Energy is Light." We are all Light Beings.

**Lorraine Moretti** received her M.A. in Inter-Arts Education from Columbia College and has been a teacher of young people for many years now. She recently received Shamanic Certification under Joan Forest Mage at Life Force Arts Center. Her installation *Willow Seasons (Must Be)* was part of *The Phoenix and the Healer* exhibit there last summer and it's where she holds poetry workshops that ritually utilizes Tarot, Full Moon and Willow energies. She is sometimes known as Lolo, Gypsy Beatnik Priestess of Poetry.

## Susan Mullen

### *7 Chakras* (2014)

14 x 14

Mixed Media

\$700 set

\$150 each

### *7 Mantras* (2014)

14 x 14

Mixed Media

\$700 set

\$150 each

*7 Days* (2014)

14 x 14

Mixed Media

\$700 set

\$150 each

The idea within this work is the combined energies of the physical, the mind/spirit and the manifestation of those energies in time and space. Twenty-one is also a number that signifies completion.

The pieces are a combination of painting, drawing, found objects and collaged elements. They are on roofing felt as a reference to the dwelling place of body, mind and spirit.

The seven chakras are energy vortexes within the physical body. They follow the colors of the color wheel. The first chakra is the root. If your root is well balanced and established then you know your devotion, your purpose and your growth is grounded. The second chakra is your wellbeing, the ease you feel within yourself, which springs from the root. The third chakra is your will. The first three chakras are warm colors and warm energy.

The fourth chakra is the heart chakra. The color of the heart chakra is green a mix of the warm yellow and the cool blue energies. The heart chakra is sometimes referred to as the soul. An open-heart chakra will engulf the will with love and that which is at the root will begin to manifest. The fifth chakra is the throat chakra and this is where one gives voice to that which is being manifested.

The sixth chakra is the third eye and allows for greater and deeper vision. The seventh chakra is open to divinity. The seventh chakra is violet. Like the heart chakra it combines warm and cool energies. When the chakras are

balanced one has a fire in the belly and a cool head. One is grounded in the earth and a conduit to the heavens.

The seven mantras are not so much sound mantras as teachings that were revealed to me during meditation. The phrases are written on each piece and I ask you to please view them. These are windows into the energy of the mind and spirit that instruct and heal.

The seven days of the week are taken from a nursery rhyme that was once used for divination based on which day of the week a child was born. Manifestation in time and space, in the richness of days, is messy and beautiful, a river of choice and chance.

What had to happen for you to be here right now? Your parents needed to meet, and your grand parents, back to the first humans, back to the first life forms. The universe needed to be created and that universe is alive within you now as you read this.

**Susan Mullen** is a Chicago visual artist, educator, vocalist, and writer. She earned her B.F.A from The School of the Art Institute in 1981. She has taught visual arts for over thirty years at Daley College and the Chicago Public Schools. Susan has traveled to Peru where she practiced spiritual ritual and offerings with the Qero people at the sacred mountain (apus) Ausangate. She has also traveled to sacred places in Italy, France, Mexico, Scotland, and Ireland.

Susan has worked on public artworks with Keith Haring and mosaic artist Mirtes Zwierzynski. Her artwork was on display February and March of this year at the Dank Haus Gallery in Chicago. She is currently working with Hector Duarte,

Melissa Garcia, and Claudia Rangel on the Letters Home Project, which will be projected onto the outside wall of the Cook County Jail this spring. Her artwork will be on view at Macys as part of a fundraising auction for Mental Health America of Illinois in April. She has exhibited at Gallery Mestizo in Pilsen and at Villarte in the Little Village neighborhood of Chicago. Her artwork is in many private residences including the collections of Barbara Crane and John Miller artists and retired professor at The School of the Art Institute of Chicago.

**Sharyl Noday**  
sharyloday.com

*Art the Silent Healer T™* (2014)

24 x 30

Oil on Canvas

\$1500

I have always loved elegant hands, arms and skilled fingers that have a consciousness about them. Fingers that seem to know exactly where they are going, leading the way. Hands and healing go together. In this painting the long elegant, exaggerated arms and consciousness filled hands go directly to what needs to be taken away in order for healing to take place. Its a beautiful dance of consciousness.

**Sharyl Noday** says: “My work is about exploring mystical and spiritual beliefs and attitudes. It is through this reflection that I strive to tell a story within the art. It is my intention to offer glimpses into other realities beyond our waking consciousness. In a world filled with change and chaos, there is still hope. It is with this desire, I imagine

my art can offer moments of relief thereby aiding in personal peace. I have always been involved in healing. In this way I aim to provide a mirror into consciousness.”

Sharyl received a certification in Painting from the Art Institute of Chicago and holds a BFA in photography from Art Center College of Design. She is certified as a Energy Healer and Full Trance Channel and Channeling Teacher, holding a position on the Board for Certification of Trance Channeling in Los Angeles, California.

## **Britt Posmer**

Shakti Flowers/Facebook

### *The Flowerseller & His Wife* (2014)

20 x 16

Acrylic on Canvas

\$350

### *Roots* (2015)

18 x 24

Acrylic on Canvas

\$375

All of my work springs from a field of conscious and intentional Presence and utilizes alternative states of consciousness, shamanic practices, and deep meditative and contemplative inquiries as fundamental aspects of the creative process. Each of the pieces submitted is a living field of healing; canvases are treated as bodies and worked in a similar fashion as a human client receiving a session of psychosomatic balancing and energy medicine. Images emerge as the pregnant

emptiness is sung over, birthing color and form. What is revealed is a potent visual and symbolic metaphor that acts as a bridge between our multiple intelligences, permeated with and inseparable from Being, in the perpetual dance of awareness as transformation.

**Britt Posmer** is a contemporary ecstatic and interfaith contemplative who utilizes the arts as a principle means of meditation, transformation, and communion. She is a self-taught painter, as well as a dancer, poet, writer, and performance artist. In addition to her artistic passions, Britt is a trained holistic healer who specializes in transformational companioning and issues pertaining to gender, body, and consciousness.

## Kao Ra Zen

kaorazen.tumblr.com

*Kiki D'Aurea* (2015)

23 x 37

Acrylic, Oil, Enamel, and Metallic Leafing on Wood  
\$3000

With "Kiki D'Aurea", I wanted to create a work that started off as a basic figure painting that used a live model and would incorporate a few disparate symbolic elements to create a new deity. I wanted the painting to convey the free-spirited nature of the model and use religious and comic book symbolism to add elements of fantasy. Comic book and fantasy art has had a great influence on me over my life, and I have read many stories of heroes, heroines, god,

goddesses, angels, demons, and the occasional demoness. I have also been more recently inspired by religious art and am interested in playing with the ideas of creating characters that are neutral, with good and evil within them.

"Kiki D'Aurea" is presented in a seated position, though it appears that she is also hovering and ready to fly off when so compelled. Rising from her hands are stars that are the emblem of the Marvel Comics character Quasar. In Marvel mythology, Quasar has been assigned the task of 'Protector of the Universe', and 12 stars emanate from each of Kiki's hands representing perhaps the hours of the day, or maybe even the 24 elders mentioned in Revelations.

The red third eye upon her forehead references the Infinity Gems, popularized in the cosmic comics lore of Thanos and Adam Warlock. A golden halo surrounds her head, which is contrasted by the dragon/devil wings on her back. Ideally, Kiki D'Aurea is a force of good, but has within her a fierceness to match that of the biblical Adversary.

**Kao Ra Zen** was born and raised in Chicago and developed an intense love of art, writing, and music at a very early age. Kao is a very creative soul and involves himself in many forms of expression, ranging from visual art to performance. Much of Kao's visual work deals with "deifying" the subjects that the artist chooses to paint, by incorporating elements into the piece that make the figure a bit larger than life.

Subjects may be models or from photo reference. Comic books, pro wrestling, and the artist's interest in different religions and mythologies all serve as an influence to his work. Sometimes these influences are used subtly, other times direct reference to a specific source of inspiration is incorporated.

Kao has exhibited in Chicago at the Polish Arts Museum as well as the DANK Haus, the German American Cultural Center. This past summer, the artist traveled to Syke, Germany with other members of the International Arts Group to participate in an arts residency at the Kreismuseum and a group show at a branch of the Sparkasse Bank.

Kao Ra Zen's work with children includes teaching a rapping/poetry class at the Southwest Youth Collaborative, as part of their University of Hip Hop program; assisting in art making workshops as part of the Glenwood Arts Festival; and perform and/or work with children at inner city schools. He currently works as a Science Mentor at Chicago Public Schools as part of the In Search of Genius non-profit organization. Kao recently completed the Associate in Fine Arts program at Harold Washington College.

## Diana Rudaitis

*The Tree of Knowledge* (2011)

16 x 20

Mixed Oil Pastels & Acrylics on Paper

\$200

The Tree of Knowledge, the Tree of Life & the World

Tree are all symbols of Universal Energy common to all religions & cultures. The Tree of Knowledge is spoken of in the Bible & is used to test Adam & Eve. The World Tree is a Nordic myth & the Kabbalah, the Book of Jewish Mystical Wisdom, is symbolized in the shape of a tree. Even today, the Tree of life pattern is common in art and jewelry design.

My painting shows the Tree of Knowledge at the end of the World and the paper whorls symbolize the energy flowing from the tree.

*The Place of Power Going Forth* (2013)

11 x 14

Acrylics on Canvas

\$75

There are many acknowledged sacred Energy places on Earth where Universal Energy is especially strong such as the Pyramids of Egypt and Central and South America.

Two wondrous places are the North and South geographic poles. Being interested in astronomy, I know that the Sun's solar flares interact with the Earth's atmosphere to produce the spectacular Northern and Southern Lights; the Auroras. Here, the little Icelandic ponies seem to contemplate the phenomenon.

**Diana Rudaitis** was born in Chicago in 1947 and has lived there all her life. She started drawing and painting when she was a small girl and when she was 11 years old, she won a scholarship for young

students at the Art Institute of Chicago. She later took various art classes but is mainly a self taught artist. She has worked in pastel chalks and watercolor pencils, but now paints in acrylics, oil pastels and uses paper and sequins in her work.

Diana recently started painting seriously after retiring for 28 years of service as a Chicago Police Officer, and paints under the name “Danusha” to honor her grandmother who came from Poland. Diana likes to paint human and animal portraits in bright, bold colors and textures, with whimsy and humor. She also paints fantasy and visionary works.

## Anatoliy Snigirev

*Music* (2001)  
30 x 20  
Oil on Canvas  
\$800

Sounds surround us all our life. Besides the pleasant sounds of the WORLD, MOTHER, LOVE, CUTE... people overcome their sadness and other difficulties through beautiful music. Music is lovely therapy and inspiration for people. Colorful music departs from under the hand of the musician and spreads in space with all the colors of the rainbow. Dive in and enjoy it.

**Anatoliy Snigirev** says: I am from Russia, where my work was shown in many exhibitions and I won local and state

prizes. In 1983, I was a participant of the *All Union Exhibition* in Moscow where I became a laureate – the highest reward. My art works can be found in collections in Japan, China, Germany, Russia, and USA. Also, I created many sculptures and architectural projects.

Being a bicycle racer, I've spent all my vacations in the mountains, close to the stars, since 1970 and have seen a lot of worlds. Basically, my bicycle trips took me close to the highest peaks of Caucasus, the plateau of Pamir and the Tian-Shan mountain range. I climbed to an altitude at about 14,000 feet to a border of eternal snow. I crossed the Kara-Kum desert, steppes, and arid wastes and accumulated 20,000 miles on my bicycle during my nine vacations, a month long each travel.

## Sujata Tibrewala

pratibimba.in

### *Mother Nature 2* (2012)

14 x 11

Water Color

\$200

I see her everywhere, for she has given birth to everything we see, living non living, even though man processes stuff and says they are “man made” but really he cannot make anything, he can only change the form of one thing to another...May be he will know this one day and stop this mad chase!!!

**Sujata Tibrewala** is a self taught artist who in 2009 gave up her electrical engineering career for her first love,

art. She now uses her knowledge of science to spread art and issues close to her heart.

Born in India, Sujata had successful solo exhibits and conducted many art workshops, some of which resulted in student exhibitions. Sujata moved to the U.S. in 2010. Her works are currently on display at many reputed galleries including the Regional Commission of Arts, St Louis and Marine Foundation, California. Her noted exhibitions from the past include Life Force Arts Center, Chicago IL; Gateway gallery, St Louis MO; Lalit Kala Academy, New Delhi; and Jawahar Kala Kendra, Jaipur, India. She is an artist member of many artistic organizations including the St. Louis Artists' Guild, Women's Caucus for the Arts, and Art Concoctions. Starting from her school days, Sujata won many awards, and her art has received rave reviews in leading print and electronic media of India and USA. Presently, Sujata resides in San Jose, California. She is a member of the Naperville Art League, FIRE Arts Studio & Gallery, and Woman Made Gallery, Chicago.

## Mark Van Dyk

[markvandyk.wix.com/markvandykart](http://markvandyk.wix.com/markvandykart)

### *Ripples in Nature* (2015)

28 x 25.5 framed

Electronic Canvas Print

\$700

*Ripples in Nature* is a vibrational piece that plays with optical illusion techniques mixed with a traditional symbol of nature and love: the rose. The circle is a shape that I believe to be central to the laws of nature. It manifests itself in all the powerful repeating

patterns that form nature, from the stars to atoms to the seasons of weather.

**Mark Van Dyk** is a Chicago-born artist who studied studio art at DePaul University in Chicago. He had a transformative experience while studying abroad in Rome and while there was greatly inspired artistically. Growing up with a Dutch father and a Haitian mother in the very diverse city of Evanston he received a very cultured upbringing and was exposed to many very different styles of art. He is a chameleon of an artist who often absorbs what he sees for inspiration and then changes his style purposely to create something that is unique and related.

## Sarah Rose Warman

SarahRoseArt.US

*Fire* (2014)

18 x 24

Mixed Media

\$1200

*Water* (2014)

18 x 24

Mixed Media

\$1200

I created these pieces to bring visual representation of the four major parallels of energy in our world. The elements represent energies in our life and it is up to us to engage in the higher or lower manifestations of these energies. My work is meant to capture these elements in a way words

cannot, just as words can never describe an individuals true and unique feelings.

**Sarah Rose Warman:** I am a traditional fine artist trained in painting, drawing, photography and printmaking. I explore the nature of chemical reactions with ink to reflect patterns in the universe. The reactions create visions of everything from single cell organisms to an entire cluster of galaxies. I connect these visions with the individual identity and how they intertwine.

My art has recently been featured in events such as the 4th Annual Transpersonal Experience at the HQ Gallery. I am currently a full time artist creating work every day in pursuit to visualize energies one cannot put into words. I frequently create custom energy portraits for my collectors illustrating their unique energies and how they should work towards using their power.

## Life Force Arts Manifesto

### By Joan Forest Mage

- 1) We call for a community of artists and audiences to boldly acknowledge, explore and activate The Spiritual Power of Art.
- 2) The Spiritual Power of Art affects EVEYRONE. By spiritual we mean the non-material, including the human spirit, universal energy and mystical experience. Every culture and human being ever known has been powerfully affected by the arts. It is a huge disadvantage to lack awareness of the spiritual dimension of the arts. Everyone can benefit by understanding and utilizing The Spiritual Power of Art, including what we call the Art Continuum (from perception to expression to art) to be aware of how they are affected by The Spiritual Power of Art, and to take charge of consciously activating this power for the highest good of themselves and the planet.
- 3) The Spiritual Power of Art is the elephant in the living room for modern people. All art is inherently spiritual. Yet, modern people, including many in the art world, shy away from discussing the spiritual dimension of both art and human experience.
- 4) The arts are 100,000 years of the technology of consciousness that help us process our perception, expression and communication. The arts already have methods in place for how to perceive, express and communicate anything we need to ourselves, our fellow humans or the larger world.

5) The arts affect people so deeply because they have perfected the craft of the 3 Modes of Perception and Expression: the senses of hearing, seeing, feeling (auditory, visual and kinesthetic).

6) The Art Continuum is a continuum of experience that begins as basic perception (both of the internal self and the outer world) to expression, communication and interaction with both fellow humans and the larger community of all beings. Art, the craft of perception, expression and communication, is the highest development of this Continuum.

7) There are 4 Fields of human life that art greatly impacts: Communication, Learning, Healing and Community. There has been a tendency for these fields – education, psychology, cultural events – when they are the locus of art activity, to define the spiritual power of art for their own purposes. Vice versa, arts organizations tend to focus on the methodology of creating the art itself, though being aware (often on a subconscious level) of art's powerful influence on learning, healing and community. We propose to stand that on its head: to ask, "What spiritual effect (human spirit, universal energy and mystical experience) does art have?"

8) In the modern world, people have looked to other fields such as psychology and education to define art's power to affect consciousness. It is time for artists themselves to fully understand and claim the

power inherent in their work, and to bring it fully into the 4 Fields (Communication, Learning, Healing and Community). The Art Continuum helps us understand the connection of basic experience, the 4 Fields and the arts, providing the missing link to allow the arts to truly blossom.

### The spiritual power of the arts

- 3 Levels of spiritual power of art: human spirit, universal energy and mystical experience
- The Art Continuum – the 3 Perceptual Modes (auditory, visual, kinesthetic) that are the basis of human perception, communication, healing modalities, learning styles and cultural expression, and that at their highest level of development are called “the arts”
- 4 Fields of human life that the spiritual power of the arts impacts: Communication, Learning, Healing and Community
- 4 Types of spiritual art: Informational, Instructional, Transformational and Cultural

*What is the difference between play, ritual and art? All of them are about the other world, but play is about inventing other worlds, ritual is about invoking other worlds, and art is about fabricating other worlds.”*

*Ellen Dissanayake*

## Acknowledgements

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**Life Force Arts Center has over twenty events a month focusing on the connection of the arts and spiritual practice. Please check our calendar & sign up for our e-mail list**

Visit PANTHEON, our online journal of Spiritual Art  
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*Universal Energy* Exhibit Catalog created by  
Joan Forest Mage & Jaimie Shepardson

Catalog design by Maggie Baker

## About Life Force Arts Center

The mission of **Life Force Arts Center (LFAC)** is to create transformation and community through the spiritual power of the visual, literary and performing arts. We focus on the arts as a common ground of human expression, where artists of diverse spiritual traditions present artistically excellent exhibits, events and publications to awaken human potential, create spiritual transformation and connect audiences to the mystical dimension.

Life Force Arts Center was founded in 1988 as a nonprofit, tax exempt 501 (c) 3 organization to present the modern dance and performance work of Joan Forest Mage. The organization grew to support the broader exploration of art and spirituality, opening our own Center in Chicago in 2008.

Life Force Arts Center presents an average of 20 events each month, including performances, workshops, lectures and ceremonies: a total of over 1000 life-transforming events since we opened, with 250 presenters.

*The Spiritual Power of Art: Universal Energy* is our 26<sup>th</sup> juried art exhibit as we begin our 7<sup>th</sup> year of operation. Our shows are based on themes related to the connection of art and spiritual practice, and run from 2 - 4 months each. Our Art Gallery has featured the work of over 130 artists from throughout the U.S. and the world, including Egypt, France, England, Ireland, Canada and South Africa.